



MEASURE FORM

Page 2 of this document contains an electronic form.

Page 3 contains tips on how to measure yourself.

Please measure all of the required sizes and complete the measure form.

After completing, please save this form and return it to FashCrash.

Return address: lalita@fashcrash.com

YOUR DETAILS

BODY MEASUREMENTS

CM/INCHES

Name:

B1

Height

B2

Bust

Email:

B3

Waist

B4

Hip

Phone:

B5

Shoulder width

B6

Shoulder to bust

B7

Shoulder to waist

B8

Upper bust

B9

Lower bust

B10

Neck

B11

Biceps

B12

Thigh

B13

Shoulder to ground
(with heels if needed)

B14

Arm hole (around)

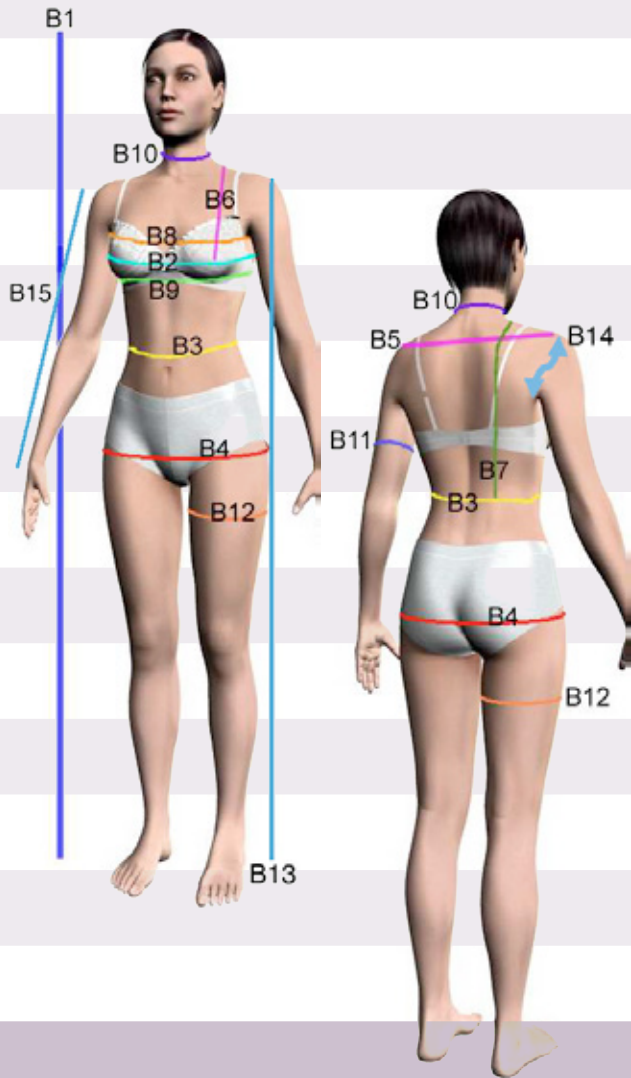
B15

Arm length
(from shoulder with bent arm)

Weight

Weight yourself as this could
be useful for the tailor

PRODUCT CODE OR NAME



HOW TO MEASURE YOUR SIZE



- Bust-Use a cloth measuring tape and bring it around your back and across your nipple line (typically the fullest part of the breast). Your arms should be relaxed, down at your sides. When measuring your bust, you are not measuring your bra size! Measure the fullest part of your chest OVER the bra cup. Try to wear the bra or undergarment you are intending to use with the dress for a more accurate measurement.
- Waist- Bring the tape 1 inch above your belly button. Measure around the most narrowest part of your body. Your waist is measured where the measuring tape is sitting. Be sure not to suck in your stomach, and leave one finger under the tape so that you are able to breathe in your dress.
- Hips-Measure yourself with your feet close together, bring the tape around the widest part of your hips, right across the hip bone. Another way of measuring your hips is, place your palms on your true waist, and let your fingers hang down. The tips of your fingers should be about where the fullest part of your hips is.

If you have any questions or doubt please send us an email at lalita@fashcrash.com. Or call us at +31 6 53 476 191 (WhatsApp available as well)